

# WHAT'S ON GUIDE

*Your community hub in the heart of Wootton*

## MONDAYS

- 10am-1pm **Power Of Self-Esteem 5-week course** £10 deposit + £20 admin  
6pm-7:15pm **MoJo Yoga with Jo** £10 per class

## TUESDAYS

- 11am-3pm **Buzzy-Bean Cafe** Affordable menu  
10am-11:45am **Sarah's Crafty Cafe** £3 per session  
12:30pm-1:15pm **Paracise with Helen** 1<sup>st</sup> class £5, £9 PAYG or £28 monthly  
1:30pm-2:30pm **Afternoon Quiz** Free to join / donations welcome  
7pm **Parish Council Meeting** 3<sup>rd</sup> Tue of month\*\* Free

## WEDNESDAYS

- 5:30pm-6:15pm **Pilates with Alison** £8 per class  
6:30pm-7:30pm **Heartcare Wight Cardiac Rehab** £7 GP referral only

## THURSDAYS

- 11am-3pm **Buzzy-Bean Cafe** Affordable menu  
11am-12pm **Move & Stretch with Suki** Free / donations welcome  
1pm-3pm **Knit & Knatter with Kate** Instructor 2<sup>nd</sup> & 3<sup>rd</sup> Thu of month Free / donations  
2pm-3pm **Adult's Tap Dance Class with Suki** £8.50 per class  
6pm-7pm **Barre Concept IOW with Laura Seniors** £10 per session  
7:15pm-8:15pm **Barre Concept IOW with Laura All** £10 per session

## FRIDAYS

- 2:30pm-3.30pm **Wootton History Group** Doors open 2pm 1<sup>st</sup> Fri of month\*\* £4 per talk

## SATURDAYS

- 10am-4pm **Wootton Crafters** 2<sup>nd</sup> & 4<sup>th</sup> Sat of month £7 contribution per session

\*\* SOME EXCEPTIONS DURING THE YEAR FOR MONTHLY ACTIVITIES

**Please note:** most activities are hosted by external organisers